



**St Cuthbert's
Catholic High School**
Live life in all its fullness

**Ski Trip Parents Meeting
16th Oct 2024**



Welcome.....

Trip Leader – Mr Mearns (Head of Physical Education)

Deputy Trip Leader – Miss Langan (Head of Geography)

Staff Attending:

- Miss Anderson (Assistant Head Teacher)
- Mr Arkell (Teacher of Physical Education and Head of Y10)
- Miss Dixon (Head of Music)
- Mr Costello (HLTA Behaviour Support Base)



Purpose of the Trip

Educational value: Developing skills, independence, and teamwork

Physical benefits of skiing and outdoor activities

Social opportunities: Bonding with peers



Flight Dates and Times

Outbound

- Airline: Ryanair
- Departure date: Sunday 06/04/2025
- Check-in time: 15:45
- Departure time: 17:45 (arrive in Barca around 21:15)
- Flight no: FR7544
- Manchester – Barcelona

Inbound

- Airline: Ryanair
- Departure date: Saturday 12/04/2025
- Check-in time: 04:45
- Departure time: 06:45 (arrive in Manc. around 08:15)
- Flight no: FR7543
- Barcelona - Manchester



Arrival at Hotel (Alp Hotel Masella).....

2 hr Coach Transfer – Late arrival at the hotel around midnight

We will need to have something to eat at the airport (Euros needed)

Miss Langan Visit



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Passports and EHIC etc.....

Applying for healthcare cover abroad (GHIC and EHIC) -
NHS (www.nhs.uk)

Required info: height, weight, shoe size and helmet size (head circumference in cm) for all passengers plus details of any dietary requirements

Passport must be valid for 6 months



How a day on the slopes will look

7am - Wake up and get into our ski gear ready to hit the slopes!

7:30am - Breakfast in the restaurant.

8:15am - Head down to the ski storage room to collect our skis, boots and poles.

8:30am - Wander down to the bucket lift that takes us up to the ski school meeting point.

9am - Start our lesson working on our technique whilst exploring the mountain.

11am - Finish our lesson and all meet up at the bottom of the lifts before heading back to the hotel for our hot lunch.

12:45pm - After lunch, we head back to the ski school meeting point for our afternoon lesson.

1pm - Our instructor, takes us up a bit further up the mountain to show us some new routes.

3pm - We all meet back at the ski school meeting point to share our stories before going back to the hotel.

3:30pm - Get out of our ski clothes and get ready for some après activities.

4:30pm - Venture around town with staff to explore.

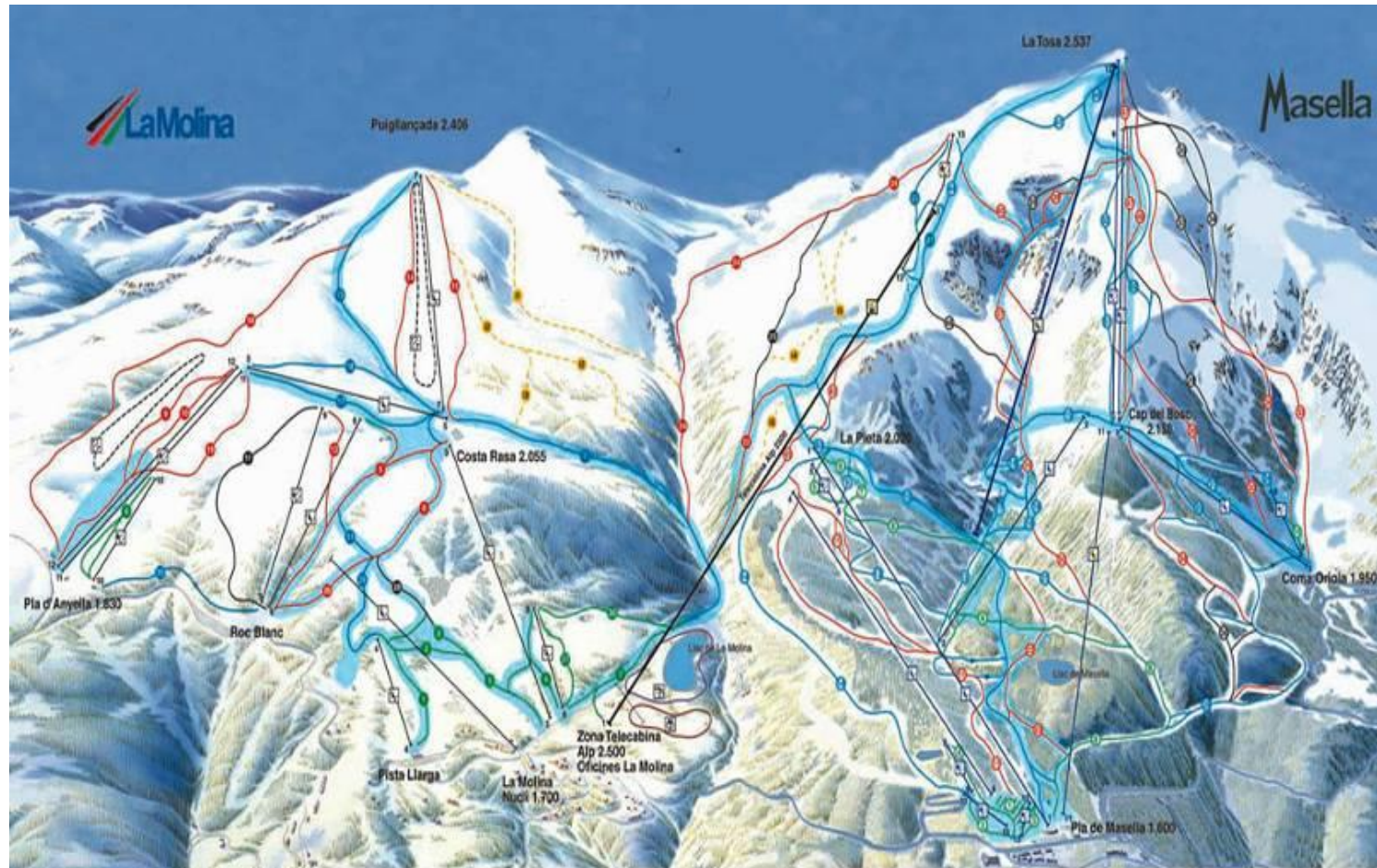
6pm - Make our way back to the hotel for dinner.

8pm - Après-ski activity such as bum-boarding.

10pm - Lights out!



Ski Area



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Skiing Information

- **Ski Lessons:** Daily lessons for beginners (2 x 2hr)
- **Instructors:** Experienced, qualified ski instructors
- **Equipment:** Skis, boots, helmets are provided

Students will only ski with instructors.



Kit List

Ski Gear

- ☐ Ski jacket (waterproof of course)
- ☐ Ski trousers (salopettes)
- ☐ Sweatshirt/hoodie
- ☐ Thermal base layers
- ☐ Ski gloves
- ☐ Hat
- ☐ Ski socks
- ☐ Neck warmer
- ☐ Goggles
- ☐ Sunglasses

Necessities

- ☐ Passport
- ☐ EHIC
- ☐ Spending money
- ☐ Toothbrush and toothpaste
- ☐ Shampoo and bodywash
- ☐ Sun cream
- ☐ Personal toiletries
- ☐ Towel
- ☐ Plug adapters

Clothing

- ☐ Casual clothes
- ☐ Snow boots
- ☐ Indoor shoes
- ☐ Swimsuit (for indoor swimming pools and hot tubs)
- ☐ Hats and gloves
- ☐ Pyjamas/nightwear
- ☐ Socks and underwear
- ☐ Comfy travel clothes

Extras

- ☐ Mobile phone + charger
- ☐ Headphones
- ☐ Travel sickness tablets
- ☐ Camera
- ☐ Ear muffs
- ☐ Book
- ☐ Hand warmers
- ☐ Lip balm
- ☐ Pillow for the journey

Payment Plan

• Deposit 2 (Non-Refundable)	£150.00 to be paid by Nov 28 th 2023
• Instalment 3 (Non-Refundable)	£100.00 to be paid by Dec 20 th 2023
• Instalment 4	£70.00 to be paid by Jan 30 th 2024
• Instalment 5	£70.00 to be paid by Feb 28 th 2024
• Instalment 6	£70.00 to be paid by March 29 th 2024
• Instalment 7	£70.00 to be paid by April 30 th 2024
• Instalment 8	£70.00 to be paid by May 30 th 2024
• Instalment 9	£70.00 to be paid by June 28 th 2024
• Instalment 10	£70.00 to be paid by July 31 st 2024
• Instalment 11	£70.00 to be paid by Sept 30 th 2024
• Instalment 12	£70.00 to be paid by October 30 th 2024
• Instalment 13	£70.00 to be paid by November 29 th 2024
• Instalment 14	£70.00 to be paid by December 20 th 2024
• Instalment 15	£70.00 to be paid by January 20 th 2025
• Final Balance	£59.00 to be paid 28 th February 2025



Fundraising

What for?

How will we do it?



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Thanks for attending, have a safe journey home.

Any queries, email: hello@stcuthberts.com

FAO – Mr Mearns

MORE THAN A SCHOOL



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